

Kindness and Goodness

Galatians 5:22-23



New Testament 6
Part 2: Fruit of the Spirit

SUNDAY MORNING

New Testament 6 [Class Attendance Sheet](#) provided in activity sheets (NOTE: The document is interactive, allowing the teacher to type in the Class, Teacher, and the children's names.)

SCRIPTURE REFERENCES:

Galatians 5:22-23; Colossians 3:12; 2 Peter 1:5-9; Ephesians 4:1-2

MEMORY WORK:

YOUNGER CHILDREN: “[B]e kind to one another...” (Ephesians 4:32a).

OLDER CHILDREN: “Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith” (Galatians 6:10).

SONGS AND FINGERPLAYS (SEE END OF LESSON FOR WORDS):

A [song book](#) and [audio recordings](#) of many of the curriculum songs are available on the curriculum Web site.

- [“The Fruit of the Spirit”](#)
- [“Being Kind to Others”](#)
- [“Be Kind to Others”](#)
- [“Be Ye Kind to One Another”](#)
- [“Fruit of the Spirit”](#)
- [“The Fruit of the Spirit”](#)

LESSON VISUALS AND TEACHING AIDS (NOTE ANY DISCLAIMERS):

- See [AP’s Pinterest page](#) for ideas on bulletin boards, visuals, crafts, etc.
[DISCLAIMER: Pins may sometimes need to be adjusted to be Scriptural.]
- [Paul & the Fruit of the Spirit](#) Bible fact cards (provided under “N.T. 6 Bible Facts” on curriculum Web site)
- “Summary of the Bible” from “[Kids Prep](#)” CD by Jeff Miller
- Pictures/drawings from the books listed under 3rd-4th Grader Pre-Class Activities/Learning Centers
- Pictures to illustrate the main points of the lesson
- Visuals on Elisha, Mary and Martha, and the Good Samaritan



PERSONAL APPLICATION:

God wants me to learn to be kind and good to others, like Jesus.

LESSON STARTS HERE

INTRODUCTION: (YOUNGER CHILDREN)

(Give the children a small piece of fruit to eat. Have them describe how it tastes.) Do you like fruit? Most fruits taste sweet. Do your parents ever tell you to act sweet? That means they want you to be kind. God wants us to act/be sweet and kind to everyone, too. He even told us how to act kind and sweet in His Word. Here are some of the ways we can act/be sweet (read the fruit of the Spirit in Galatians 5:22-23, and show the children the words).

INTRODUCTION: (OLDER CHILDREN)

Review previous lessons on the fruit of the Spirit.

(Give scenarios of children and adults being kind and unkind.) We have all experienced times when others have been unkind to us. How do you feel when you've been treated unkindly? How do you feel when you have treated others unkindly? (Go into as much discussion as you like about their experiences.) The world does not always teach us to be kind to others (discuss instances such as TV shows that show others being unkind and how that's supposed to be funny). But God tells us to **always** be kind to others, and Jesus gave us many examples of being kind—even when He wasn't treated kindly. Let's see what the Bible teaches us about this fruit of the Spirit.

POINTS TO EMPHASIZE:

1. In the Bible, a kind person is someone who is thoughtful and considerate, someone who doesn't do what he wants without concern for how it might affect others. (The Greek word is sometimes translated as "gentle.") The opposite of kindness is being harsh, hateful, or demanding our own way and being extremely selfish. A kind person is friendly and accepting toward others. Even though Jesus was the all-powerful Son of God, He was kind to others, no matter who they were.
2. While a kind/gentle person is friendly and responds nicely to others, a person with goodness actually looks for opportunities to do good to others. He **likes** to do good for others. A kind person has an attitude that wishes good for others, and a good person actually acts on it.
3. Goodness/kindness are not described in the Bible as feelings or emotions; they are ways of acting/behaving/thinking. They are the opposite of evil, i.e., all the bad behaviors and thoughts that God does not want us to make part of our lives. The Shunnamite woman's hospitality toward Elisha illustrates these concepts well (2 Kings 4:8-10), as does the Good Samaritan (Luke 10:30-37) and Mary and Martha's hospitality toward Jesus and His apostles.
4. Goodness and kindness are attitudes and actions we must learn if we are to be like Jesus. Encourage the children to think about the following:
 - Who has been good and kind to me this past week?
 - To whom have I been good and kind this past week?

- What can I do to show kindness to the small children in our congregation, in my neighborhood, and in my family?
- How can I show kindness to the older people in our congregation?
- Suppose you go to McDonald's with several friends. When everyone is finished, your friends get up and leave their trash on the tables. To show kindness and goodness, what should you do?
- Suppose a single mother and her young children move into the house across the street. Is there any way you can show kindness to them?
- Suppose your mother is sick. How can you show kindness to her?



RECOMMENDED READING FOR TEACHERS: See the articles “[Did Jesus Deny Deity and Moral Perfection in Mark 10:18?](#)” by Eric Lyons and “[Why is Good Good?](#)” by Caleb Colley on the Apologetics Press Web site for a discussion about this lesson’s attributes and the nature of God.

PRE-CLASS ACTIVITIES/LEARNING CENTERS (TO BE USED AS CHILDREN ARE ARRIVING—**BEFORE CLASS**, AND UP TO THE FIRST FIVE MINUTES OF CLASS; OR AS HOMEWORK):

- Click here for complete [Activity Book](#).

Ages 2-5:

- “[Kindness and Goodness Coloring Sheet](#)” (provided in activity sheets)
- Help the children color/decorate cards for elderly and/or shut-in members.
- “Bee” Kind: On Sunday, take a picture of each child. Print the pictures for class on Wednesday. Make a cutout of a bee for each child. [You can also purchase bee cutouts from a teachers’ supply store; Carson-Dellosa brand cutouts are very colorful.] On construction paper or cardstock (one per child), write “_____ will bee kind to others.” On Wednesday, let each child glue a bee and his/her picture on the labeled paper. Talk to the children while they work about ways to be kind to others. (“[Bee Cutouts](#)” provided in activity sheets)
- Provide several fruit cutouts for each child. Write a fruit of the Spirit on each cutout. Print/copy a large basket/bowl on brown paper (or brown paper bags). Let the children glue their fruit in/on their “baskets.” (Discuss what is written on the fruits, but for this age group, focus on the behavior rather than calling them “fruit of the Spirit.”) (“[Fruit Cutouts](#)” and “[Fruit Bowl Cutout](#)” provided in activity sheets)
- “Leap Frog” game: On a blue plastic tablecloth or shower curtain, tape or glue lily pads which you have cut out of green paper. (Don’t glue the edges of the lily pads to the plastic—just the middle.) This will give you an edge under which you can put small cards, pieces of paper, or fish cutouts (i.e., question cards about lessons in this unit). Each student should have at least one turn tossing a beanbag on a lily pad. Ask the student the question from under the lily pad where the beanbag fell. (Give a small treat, sticker, stamp, etc. when a child answers correctly.) (“[Lily Pad Cutouts](#)” and “[Fish Cutouts](#)” provided in activity sheets)

1st-2nd Graders:

- Provide the materials so the children make/decorate cards to send to elderly and/or shut-in members.
- “[Galatians 5:22-23 Cutouts](#)” (provided in activity sheets): As is age appropriate, work with the children on memorizing Galatians 5:22-23. For example:

- Scramble the main words (fruit of the Spirit) on the board, and ask the children to unscramble the words.
- Write the verse on the board without any vowels. See if the children can figure out what vowels are missing and then what the verse says.
- Write words of the verse on index cards, and hide the cards in different places around the room. Let the children find the cards and assemble them in the right order.
- “Leap Frog” game: On a blue plastic tablecloth or shower curtain, tape or glue lily pads which you have cut out of green paper. (Don’t glue the edges of the lily pads to the plastic—just the middle.) This will give you an edge under which you can put small cards, pieces of paper, or fish cutouts (i.e., question cards about lessons in this unit). Each student should have at least one turn tossing a beanbag on a lily pad. Ask the student the question from under the lily pad where the beanbag fell. (Point values can be given to different lily pads.) (“[Lily Pad Cutouts](#)” and “[Fish Cutouts](#)” provided in activity sheets)
- As a class, brainstorm ways we can show kindness to others, and write them on the board: “I will be kind this week by....”

3rd-4th Graders:

- Provide the materials so the children make/decorate cards to send to elderly and/or shut-in members.
- “[Galatians 5:22-23 Cutouts](#)” (provided in activity sheets): As is age appropriate, work with the children on memorizing Galatians 5:22-23. For example:
 - Scramble the main words (fruit of the Spirit) on the board, and ask the children to unscramble the words.
 - Write the verse on the board without any vowels. See if the children can figure out what vowels are missing and then what the verse says.
 - Write words of the verse on index cards, and hide the cards in different places around the room. Let the children find the cards and assemble them in the right order.
- “Leap Frog” game: On a blue plastic tablecloth or shower curtain, tape or glue lily pads which you have cut out of green paper. (Don’t glue the edges of the lily pads to the plastic—just the middle.) This will give you an edge under which you can put small cards, pieces of paper, or fish cutouts (i.e., question cards about lessons in this unit). Each student should have at least one turn tossing a beanbag on a lily pad. Ask the student the question from under the lily pad where the beanbag fell. (Point values can be given to different lily pads.) (“[Lily Pad Cutouts](#)” and “[Fish Cutouts](#)” provided in activity sheets)
- As a class, brainstorm ways we can show kindness to others, and write them on the board: “I will be kind this week by....”
- Have the children read the following:
 - *Have You Filled A Bucket Today?*, by Carol McCloud, Ferne Press
 - *The Berenstain Bears Kindness Counts*, by Jan and Mike Berenstain, Zonderkidz

SONGS:

“THE FRUIT OF THE SPIRIT”

Author: Jeff Miller
(Tune: See “[Kids Prep](#)” CD)

Get the fruit of the Spirit,
It’s love, joy, peace, long-suffering;
Kindness, goodness, and faithfulness,
Gentleness, and self-control.

“BEING KIND TO OTHER” ([Click to Hear](#))

Author: Lora Laycock
(Tune: “Bringing in the Sheaves”)

Being kind to others, being kind to others;
Being kind to others, every night and day.
Being kind to others, being kind to others;
Jesus ever taught us that we must obey.

CHORUS:

O we must be kind! O we must be kind!

Jesus ever taught us that we must be kind.

(REPEAT)

“BE KIND TO OTHERS” ([Click to Hear](#))

Author:Unknown*
(Tune: “Jesus Loves Me”)

Help somebody when you can,
Baby, woman, child, or man;
There is work for you to do,
Be forever kind and true!

CHORUS:

Be kind to others. Be kind to others.

Be kind to others. God wants you to be kind.

“BE YE KIND TO ONE ANOTHER” ([Click to Hear](#))

Author: Unknown*

Be ye kind to one another.
Be ye kind to everyone.
Be ye kind to one another.
Be ye kind to everyone.

I love Jesus. I love Jesus.
I love Him, and He loves me.
I love Jesus, I love Jesus.
I will kind and helpful be.

“FRUIT OF THE SPIRIT” ([Click to Hear](#))

Author: Unknown*
(Tune: “Qué Será, Será”)

When you become a child of God, fruits of the Spirit, you must show.
They are not apples, grapefruits, or plums—just sing and you will know.

Love and joy and peace,
You must from the heart give these.
Show patience and gentleness, and show goodness, please.

When you become a child of God, fruits of the Spirit, you must show.
They are not apples, grapefruits, or plums—just sing and you will know.

Wear the shield of faith,
Show meekness and self-control.
When you are a child of God, you will practice these.

“THE FRUIT OF THE SPIRIT” ([Click to Hear](#))

Author: Unknown*
(Tune: See Internet)

(Have pictures of the fruits mentioned below to use with the song.)

VERSE 1:

The fruit of the Spirit is a cantaloupe. NOPE!
The fruit of the Spirit is a cantaloupe. NOPE!
If you want to be a cantaloupe,
You might as well hear it,
You can't be a fruit of the Spirit!

CHORUS:

‘Cause the fruit is:
Love, joy, peace, patience, kindness, goodness,
Faithfulness, gentleness, and self-control!
Love, joy, peace, patience, kindness, goodness,
Faithfulness, gentleness, and self-control!

VERSE 2:

The fruit of the Spirit is a kumquat. WHAT?
The fruit of the Spirit is a kumquat. WHAT?
If you want to be a kumquat,
You might as well hear it,
You can't be a fruit of the Spirit!

(CHORUS)

VERSE 3:

The fruit of the Spirit is a watermelon. WHATCHA YELLING?
The fruit of the Spirit is a watermelon. WHATCHA YELLING?

If you want to be a watermelon,
You might as well hear it,
You can't be a fruit of the Spirit!

(CHORUS)

*Author Unknown: Please contact us through the feedback button for this lesson if you are aware of any copyright information for this song.

*** IF YOU HAVE SUGGESTIONS PERTAINING TO THIS LESSON, PLEASE CLICK THE
“SUGGESTION” BUTTON BESIDE THE BUTTON FOR THIS LESSON ON THE
CURRICULUM WEB SITE.



Kindness and Goodness

Galatians 5:22-23



New Testament 6
Part 2: Fruit of the Spirit

WEDNESDAY EVENING

New Testament 6 [Class Attendance Sheet](#) provided in activity sheets (NOTE: The document is interactive, allowing the teacher to type in the Class, Teacher, and the children's names.)

SCRIPTURE REFERENCES:

Galatians 5:22-23; Colossians 3:12; 2 Peter 1:5-9; Ephesians 4:1-2

MEMORY WORK:

YOUNGER CHILDREN: “[B]e kind to one another...” (Ephesians 4:32a).

OLDER CHILDREN: “Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith” (Galatians 6:10).

SONGS AND FINGERPLAYS (SEE END OF SUNDAY'S LESSON FOR WORDS):

A [song book](#) and [audio recordings](#) of many of the curriculum songs are available on the curriculum Web site.

- [“The Fruit of the Spirit”](#)
- [“Being Kind to Others”](#)
- [“Be Kind to Others”](#)
- [“Be Ye Kind to One Another”](#)
- [“Fruit of the Spirit”](#)
- [“The Fruit of the Spirit”](#)

LESSON VISUALS AND TEACHING AIDS (NOTE ANY DISCLAIMERS):

- See [AP's Pinterest page](#) for ideas on bulletin boards, visuals, crafts, etc.
[DISCLAIMER: Pins may sometimes need to be adjusted to be Scriptural.]
- [Paul & the Fruit of the Spirit](#) Bible fact cards (provided under “N.T. 6 Bible Facts” on curriculum Web site)
- “Summary of the Bible” from “[Kids Prep](#)” CD by Jeff Miller
- Pictures/drawings from the books listed under 3rd-4th Grader Pre-Class Activities/ Learning Centers
- Pictures to illustrate the main points of the lesson
- Visuals on Elisha, Mary and Martha, and the Good Samaritan



PERSONAL APPLICATION:

God wants me to learn to be kind and good to others, like Jesus.

INTRODUCTION:

Review [N.T. 6 Bible Fact Flash Cards](#) (provided under “N.T. 6 Bible Facts” on curriculum Web site)

POINTS TO EMPHASIZE:

Review Sunday’s lesson. (see [N.T. 6 Review Questions](#) for example questions)

Remind the children that we should be kind to others, even if it is not always convenient (Proverbs 3:27-28; James 2:1-13; 2 Thessalonians 3:13).

PRE-CLASS ACTIVITIES/LEARNING CENTERS (TO BE USED AS CHILDREN ARE ARRIVING—**BEFORE CLASS**, AND UP TO THE FIRST FIVE MINUTES OF CLASS; OR AS HOMEWORK):

See Sunday morning’s lesson

*** IF YOU HAVE SUGGESTIONS PERTAINING TO THIS LESSON, PLEASE CLICK THE “SUGGESTION” BUTTON BESIDE THE BUTTON FOR THIS LESSON ON THE CURRICULUM WEB SITE.

