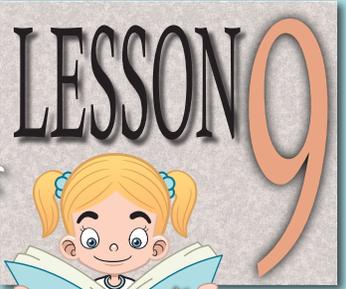


# First Family

Genesis 2:18-24



Old Testament 1  
Part 2: Bible Firsts

## SUNDAY MORNING

Old Testament 1 [Class Attendance Sheet](#) provided in activity sheets (NOTE: The document is interactive, allowing the teacher to type in the Class, Teacher, and the children's names.)

### SCRIPTURE REFERENCES:

Genesis 2:18-24; 4:1-2,25; Matthew 19:1-9; Mark 10:1-12; Ephesians 5:22-31; 6:1-4

### MEMORY WORK:

YOUNGER CHILDREN: "Children obey your parents in the Lord, for this is right" (Ephesians 6:1).

OLDER CHILDREN: "For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh" (Ephesians 5:31).

### SONGS AND FINGERPLAYS (SEE END OF LESSON FOR WORDS):

A [song book](#) and [audio recordings](#) of many of the curriculum songs are available on the curriculum Web site.

- ["Do You Obey?"](#)
- ["Ephesians 6:1"](#)

### LESSON VISUALS AND TEACHING AIDS (NOTE ANY DISCLAIMERS):

- See [AP's Pinterest page](#) for ideas on bulletin boards, visuals, crafts, etc. [DISCLAIMER: Pins may sometimes need to be adjusted to be Scriptural.]
- [Bible Facts](#) (provided under "O.T. 1 Bible Facts" on curriculum Web site)
- [Creation & Bible Firsts](#) (provided under "O.T. 1 Bible Facts" on curriculum Web site)
- Apologetics Press' [Bible Timeline](#)
- "Summary of the Bible" from "[Kids Prep](#)" CD by Jeff Miller
- "Genesis Chapter Summary" from "[Kids Prep](#)" CD by Jeff Miller
- Bible Class Workshop visuals: [Visualized verse \(Ephesians 6:1\)](#); "[From the Beginning](#)"; "[O'BEY](#)"; "[O'BEY Take Home](#)"; "[Who Do We Obey?](#)"; "[Whose Responsibility Is It?](#)"
- Have an adult come to class to act out the part of Adam, describing life in the Garden and outside the Garden; life with his family; his responsibilities as the first father, etc.



- **Have a couple come in and role-play the life of Adam and Eve. (May want to save this for Wednesday night.)**
- **“My Parents” flipchart made with magazine pictures to illustrate:**
  - I have a daddy, so big and so strong!**
    - He works for our family all day long.**
    - He always knows the games that are fun.**
    - He reads to us when day is done.**
    - I will bow my head and say,**
    - “Dear God, bless Daddy every day.”**
  - I have a mother so kind and so sweet.**
    - She dusts our house and keeps it so neat.**
    - She washes dishes, irons our clothes,**
    - When we need help, she always knows**
    - Exactly what is good and right.**
    - I always say a prayer for her at night.**
- **Betty Lukens’ felt pieces**
- **Creation, Adam, and Cain: A Beka Flash-A-Card Series (DISCLAIMER: use the cards, not the lesson book)**

### PERSONAL APPLICATION:

God planned for families. We can have happy homes if each family member obeys God’s Word and takes care of his/her responsibilities.

## LESSON STARTS HERE

### TEACHING ALERTS:



- Note that the headship of husbands in the home did not start after the first sin. It was already in place from the beginning (cf. 1 Timothy 2:13; 1 Corinthians 11:8-9).
- Note that human labor was not part of the punishment that God initiated after the first sin. Adam was already tending and keeping the Garden prior to eating from the Tree (Genesis 2:15). The punishment was that man’s labor would become more difficult.

### INTRODUCTION: (YOUNGER CHILDREN)

We are studying “Bible Firsts”. Last week, we studied about the first sin and how important it is to obey God. Can anyone tell me what the first sin was? What happened to Adam and Eve? Today we are going to talk about the first family. God planned for families, and He tells us in His Word how to have happy families.

### INTRODUCTION: (OLDER CHILDREN)

Review last week’s lesson.

When God created the earth and everything on it, He had a specific plan for families: one man with one woman, for life, who are determined to provide a good home for their children. Today we will talk about God’s plan for families and His instructions in the Bible.

## POINTS TO EMPHASIZE:

1. After the first sin, and after God put Adam and Eve out of the Garden, they had many, many children (Genesis 5:4), but we only know the names of three of them: Cain, Abel, and Seth. All their children were born **after** God put them out of the Garden of Eden.
2. God designed the family, just as He did everything else He created. He knew what would be best for all the flowers and animals He created. He also knew what would be best for the people He created. From the very beginning, He planned for **one man** and **one woman** to live together for life. God did not create another man to be with Adam, but a special **woman**. When a man and woman marry, they make promises to God and to each other that they will love and respect each other and live together until one of them dies.



**RECOMMENDED READING FOR TEACHERS:** The Bible indicates that God created distinct human genders from the very beginning—“male and female” (Genesis 1:27; 5:2; Matthew 19:4; Mark 10:6). The notion that a person was born with the wrong body (i.e., the wrong gender) is unfounded both biblically and scientifically. In the Garden of Eden, God brought the animals of the Earth to Adam to **examine** and name (Genesis 2:19), but Adam **saw** no creature suitable for him (vs. 20). Upon seeing Eve, however, Adam **recognized** her to be a suitable helper for him (able, for instance, to carry out God’s command to be fruitful and multiply—Genesis 1:28). Clearly, **physical characteristics** were the distinguishing features of Eve that caused Adam to recognize her to be different, but suitable, warranting a distinct name: “woman,” rather than “man” (vs. 23). Obvious physical features, therefore, were meant, from the beginning, to be used to determine created gender—features immediately apparent from birth. [Since a soul does not have those physical characteristics that distinguish human genders (e.g., gender anatomy, chromosomes, hormone levels, etc.)—not having flesh (Luke 24:39)—souls apart from the body are apparently genderless. Souls in heaven do not marry (Matthew 22:30) and seem to be incapable of procreation—making gender in the spiritual realm purposeless. It appears, therefore, that the human physical body, not the soul, probably determines one’s earthly, human gender (i.e., gender-wise, a person is what his body says he is).] For a response to transgenderism, see “[What Does the Bible Say about Having a Sex Change?](#)” by Melvin Otey and “[Homosexuality and Transgenderism: The Science Supports the Bible](#)” by Dave Miller on the Apologetics Press Web site.

3. God knew in the beginning that Adam and Eve would have children and that their children would need a mother and a father to help them grow up. God planned for parents to teach, love, and take care of their children.
4. God tells us in His Word how to have happy families. Ephesians 5:22-31 and 6:1-4 tell us that God wants the husband to be the head of the home, and both parents are supposed to treat each other like partners. They should work together to take care of their children and teach their children to obey God. The children in the family have responsibilities, too. What do you think God wants you to do? God expects you to be respectful and obedient to your parents.



**RECOMMENDED READING FOR TEACHERS:** See the article “[Does Genesis 4 Indicate that God Specifically Created Others Besides Adam and Eve?](#)” by Eric Lyons on the Apologetics Press Web site for further study on that subject. See also “[Who Did Cain Marry?](#)” by Jeff Miller and “[The Land of Nod](#)” by Eric Lyons for other relevant background study.

**PRE-CLASS ACTIVITIES/LEARNING CENTERS (TO BE USED AS CHILDREN ARE ARRIVING—BEFORE CLASS, AND UP TO THE FIRST FIVE MINUTES OF CLASS; OR AS HOMEWORK):**

- Click here for complete [Activity Book](#).

**Ages 2-5:**

- “[First Family Coloring Sheet](#)” (provided in activity sheets)
- Bring clothes to represent different family members (mother, father, grandparents, brother, sister, grandparents), and encourage the children to play “dress up,” acting out things that particular family members do (go to work, take care of children in the family, help others, pray, sing, study the Bible, go to worship, etc.)
- Help children make family collages using pictures from magazines, catalogs, and coloring books.
- Make copies of pages titled, “[I am Thankful for my Family](#)” (provided in activity sheets). Have the children draw the members of their families and, with the teacher’s help, write their names and/or relationships to the children.
- “[God’s Plan for a Happy Home](#)” activity: Make a simple line drawing of a house; make two copies for each child. Cut apart the pieces of one of the houses (roof, windows, door, chimney, etc.) as puzzle pieces to fit on the other copy of the house. On each puzzle piece, write something that is part of God’s plan for families (Bible, prayer, love, etc.) **Or** let the children put stickers on each puzzle piece to represent the same things. Let the children glue the puzzle pieces onto the uncut house which is labeled “God’s Plan for a Happy Home” (provided in activity sheets).

**1st-2nd Graders:**

- Help children make family collages using pictures from magazines, catalogs, and coloring books.
- Have students write a short story about what daily life was probably like for Adam and Eve after they were sent out of the Garden of Eden.
- Ask different students to pretend to be Adam, Eve, Cain, and Abel and have them tell the class about themselves.
- Play [Tic-Tac-Toe](#) with review questions from this and previous lesson (board provided in activity sheets).
- Make family cutouts and put magnetic tape on the back of each one, or put family cutouts or magazine pictures on a poster board. If using the poster board, put a piece of Velcro® under each one. On index cards write the responsibilities of individual family members; put magnetic tape on the back of each card. Let each child choose a card, read it, and then decide to which family member it applies. Let the students put the cards on or under the appropriate family member.
- Have the children read *I’m Glad I’m Your Mother*, by Bill and Kathy Horlache, Happy Day Books
- Have the children read *Daddies: All About the Work They Do*, by Janet Frank, Little Golden Book

**3rd-4th Graders:**

- On the board, write the names of biblical husbands (Abraham, Isaac, Jacob, Adam, etc.). On index cards, write Scripture references for their wives. Let the students draw cards, look up

the scriptures given, then write the names of the wives beside the correct husbands.

- Print off copies of the following issue/articles of *Discovery Magazine* from the Apologetics Press Web site, and have the students read the issues and do the activities in the activity section (NOTE: [Advanced Bible Reader](#) quizzes exist for many issues of *Discovery* magazine): “[Why does Genesis say that when Cain went to Nod people were there?](#)”; “[Jealousy](#)”; [April, 2005](#)
- Play “Hangman” with the following clues: design, Genesis, dust of the ground, mother of all living, honor your father and mother, obey your parents, etc.
- Play [Tic-Tac-Toe](#) with review questions from this and previous lessons (board provided in activity sheets)
- Have the children read Genesis chapter two again. [This could be assigned Sunday, to be completed by Wednesday.]
- Have children set specific goals to help their family (i.e., “What can I do this week to help my family?”)
- Have the children read pp. 18-19 of *Noah and the People of Faith*, Contemporary Bible Series, Scandinavia, Contemporary English Version (DISCLAIMERS: p. 8—change “give life to” to “bring forth”; p. 13—remove “before the day is over” from the last sentence; p. 20—change “destroy” to “rule over”; p. 24—change appropriate sentences to “every kind of land animal...” and “Noah took males and females of every...”)

## SONGS:

### “DO YOU OBEY?” ([Click to Hear](#))

Author: Unknown\*

(Tune: London Bridge)

(Sing this song as you play “London Bridge.” When you “capture” a child in the “bridge,” each child will be asked to tell you one way he/she obeys his/her parents.)

What do your parents say to do,  
Say to do, say to do?  
What do your parents say to do?  
Do you obey?

What do your parents do for you,  
Do for you, do for you?  
What do your parents do for you,  
To take good care of you?

### “EPHESIANS 6:1” ([Click to Hear](#))

Author: Lora Laycook

(Tune: “Why Do You Wait?”)

VERSE 1:

Children, obey your parents,  
In the Lord for this is right.  
Honor your father and mother.  
Love them each day and each night.

CHORUS:

Obey, obey, obey your parents each day.  
Obey, obey, obey your parents always.

VERSE 2:

Jesus obeyed His parents.  
He always did what was right.  
He honored His father and mother.  
He loved them each day and each night.

(CHORUS)

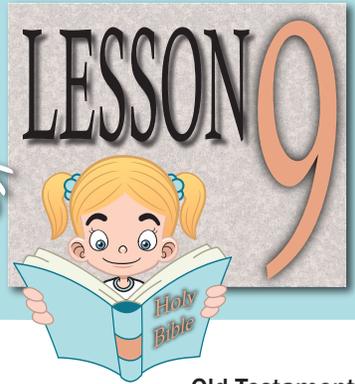
\*Author Unknown: Please contact us through the feedback button for this lesson if you are aware of any copyright information for this song.

\*\*\* IF YOU HAVE SUGGESTIONS PERTAINING TO THIS LESSON, PLEASE CLICK THE “SUGGESTION” BUTTON BESIDE THE BUTTON FOR THIS LESSON ON THE CURRICULUM WEB SITE.



# First Family

Genesis 2:18-24



Old Testament 1  
Part 2: Bible Firsts

## WEDNESDAY EVENING

Old Testament 1 [Class Attendance Sheet](#) provided in activity sheets (NOTE: The document is interactive, allowing the teacher to type in the Class, Teacher, and the children's names.)

### SCRIPTURE REFERENCES:

Genesis 2:18-24; 4:1-2,25; Matthew 19:1-9; Mark 10:1-12; Ephesians 5:22-31; 6:1-4

### MEMORY WORK:

YOUNGER CHILDREN: "Children obey your parents in the Lord, for this is right" (Ephesians 6:1).

OLDER CHILDREN: "For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh" (Ephesians 5:31).

### SONGS AND FINGERPLAYS (SEE END OF SUNDAY'S LESSON FOR WORDS):

A [song book](#) and [audio recordings](#) of many of the curriculum songs are available on the curriculum Web site.

- ["Do You Obey?"](#)
- ["Ephesians 6:1"](#)

### LESSON VISUALS AND TEACHING AIDS:

- See Sunday morning's lesson

### PERSONAL APPLICATION:

God planned for families. We can have happy homes if each family member obeys God's Word and takes care of his/her responsibilities.

### INTRODUCTION:

- Review Sunday's lesson (see [O.T. 1 Review Questions](#) for example questions)
- [Bible Facts](#) (provided under "O.T. 1 Bible Facts" on curriculum Web site)
- [Creation & Bible Firsts](#) (provided under "O.T. 1 Bible Facts" on curriculum Web site)
- Review Days of Creation



## POINTS TO EMPHASIZE:

Turn to various passages on the role of husbands/fathers and wives/mothers in the home, read them with the children, and discuss what they mean.

- Husbands/fathers:
  - 1 Peter 3:7
  - Genesis 3
  - Deuteronomy 24:5
  - 1 Timothy 5:8
  - Ephesians 5:25-33
  - Colossians 3:19
  - Ephesians 6:4
  - Proverbs 22:6
  - Hebrews 12:5-11
  - 1 Samuel 3:11-13
  - 1 Samuel 7:16; 8:3
  - 1 Kings 1:6
  - Genesis 18:19
  - 1 Timothy 3:4
  - Acts 20:35
  - 1 Thessalonians 5:14
- Wives/mothers:
  - 1 Peter 3:1-3
  - Ephesians 5:22-24,33
  - Colossians 3:18
  - Titus 2:4-5
  - Genesis 2:18
  - Proverbs 14:1
  - Proverbs 31

**PRE-CLASS ACTIVITIES/LEARNING CENTERS** (TO BE USED AS CHILDREN ARE ARRIVING—**BEFORE** CLASS, AND UP TO THE FIRST FIVE MINUTES OF CLASS; OR AS HOMEWORK):

- See Sunday morning's lesson

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